

W

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C

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W

H

C

S

LIL' DRAGONS

(ages 3-5)

4:30 - 5:00 pm

F

LITTLE NINJAS

(ages 5-7)

4:00 - 4:30 pm

M

W

4:50 - 5:20 pm

T

R

TIGERS

(ages 7-13)

8:15 - 9:00 am

S

10:15 - 11:00 am

T

R

4:35 - 5:20 pm

M

W

5:30 - 6:15 pm

T

R

ADULTS

(ages 13+)

8:15 - 9:00 am

S

10:15 - 11:00 am

T

R

6:20 - 7:05 pm

M

T

W

R

FORMS

(invite only)

7:00 - 7:45 am

S

7:10 - 7:55 pm

T

FITNESS KICKBOXING

(ages 13+)

5:30 - 6:15 am

M

W

F

9:15 - 10:00 am

T

R

F

S

5:30 - 6:15 pm

M

W