Membership Hold & Cancellation Policies

All Programs

	1 Year Commitment	
FLEX	**GOLD** Save 15%	**DIAMOND** Save 20%
Ongoing monthly payments Hold or cancel anytime	12 monthly payments **NO option** to hold or cancel	Paid in Full **NO option** to hold or cancel

To make any change to your membership including a hold or cancellation, you must sign an official ROCK Agreement Form at least 3 business days before your next payment. Requests to change a membership that are made through email, phone, text, app message, or any other means of communication will not be fulfilled.